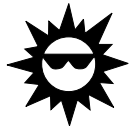




# Hints for a Happy, Safe, Party



- ☼ Provide nutritious and appealing food when serving alcohol. Food will inhibit the absorption of alcohol into the bloodstream.
- ☼ Avoid making alcohol the main focus of the social event. Entertain guests with music, games, dancing, food, and lively conversation.
- ☼ Stop serving drinks at least an hour before the end of the event and offer dessert and non-alcoholic beverages at that time.

## ☼ Banana Delight

2 cups milk  
1 ripe banana, sliced  
¼ tsp. nutmeg  
1/8 tsp. almond extract

Place all ingredients in blender.  
Mix at high speed until mixture is smooth  
(about 30 seconds).  
Makes 4 servings.

## ☼ Citrus Collins

Fill 10-12 oz. glass with ice cubes  
2 oz. orange juice  
1 oz. lemon juice  
1 oz. simple syrup

Fill with club soda. Garnish with an orange slice  
or a cherry.

## ☼ Coconut Punch

(serves 8)  
Mix the following ingredients and serve with  
ice.  
2 cups coconut cream  
1 cup pineapple juice  
¼ cup sugar  
2 cups seltzer water

## ☼ Cranberry Tea Punch

2 32-oz. bottles cranberry juice cocktail  
2 cups brewed tea  
½ cup sugar  
¼ cup lemon juice  
¼ teaspoon ground cloves  
1 small lemon, thinly sliced

Over high heat, combine juices, cloves, tea and  
sugar until sugar is dissolved and punch is  
lemon, stirring occasionally. Float lemon slices  
on punch. Makes 10 cups.

## ☼ Fizzled Wine

1/2 cup white grape juice  
1/2 cup lemon-lime soda  
1/2 t sugar (optional)

Combine ingredients in tall glass; stir to  
blend. Add ice. 1 serving.

## ☼ Fruit Punch

(serves 4)  
Mix the following ingredients and serve with ice.  
½ cup grapefruit juice  
½ cup apple juice  
¼ cup orange juice  
½ tablespoon cinnamon

### ☀ Lemon-Strawberry Punch

1 can (6 oz.) frozen orange juice concentrate, thawed  
1 pkg. frozen sliced strawberries  
1 can (6 oz.) frozen lemonade concentrate  
1 quart carbonated water  
1 quart ginger ale  
Sliced bananas (garnish)  
Sliced oranges or lemons (garnish)

Combine frozen lemonade, the strawberries (half -thawed with juice), and the orange juice. Place in a punch bowl with ice. Just before serving, add carbonated water and ginger ale. Garnish with thin slices of orange or lemon. Serves 20.

### ☀ Mai-Tai

1/2 cup pineapple juice  
1/4 cup orange juice  
1/4 cup club soda  
1 tbsp. cream of coconut  
1 tbsp. grenadine syrup

In shaker or tall glass, combine ingredients; shake or stir to blend. Add crushed ice.

### ☀ South Sea Cooler

3 oz. orange juice  
1/2 oz. undiluted grapefruit juice concentrate  
1 oz. coconut cream  
1 oz. light cream

Shake with large scoop of shaved ice. Serve in tall glasses.

### ☀ The Natural Blend:

1/2 a banana  
6 strawberries  
2 ounces of apple juice  
1/4 of an apple, with the skin  
2 ounces of fresh pineapple  
1/2 a cup of fresh ice.

Serve in a wine glass. Garnish with fresh strawberries.

### ☀ No-Tequila Margarita

12 oz. can thawed lemonade concentrate  
12 oz. can thawed limeade concentrate  
1 cup powdered sugar  
4 egg whites  
6 cups crushed ice  
1 qt. club soda  
Coarse salt (optional)

In 4-quart non-metal container, mix well together the first 5 ingredients. Cover and freeze, stirring occasionally. Remove container from freezer 30 minutes before serving. Spoon 2 cups slush mixture into blender; add 1 cup club soda. Blend until frothy. To serve, rub rim of glass with lime slice, and, if desired, dip rim in coarse salt; fill glass. Garnish with lime slices. 24 servings.

### ☀ Pink Mist

5 oz. grapefruit juice  
1 oz. grenadine  
2 oz. pina colada mix  
splash of seltzer

Blend ingredients and serve over ice. Garnish with pineapple and cherry. Makes 1 serving.

### ☀ Sparkling Punch

1 cup unsweetened pineapple juice  
1 cup orange juice  
juice of 2 lemons  
juice of 2 limes  
11 oz. sparkling water

Mix all ingredients in a pitcher. Pour over ice cubes made of sparkling water. Makes 4 servings

